

**Healthy Resolutions Group Walk  
Colton Seventh-day Adventist Church  
Redlands – Eastside /  
Orange Blossom Trail**



**Date & Time:** Saturday afternoon, November 11, 2017  
3:30 PM (please arrive a little early)

**Starting Point:** Sylvan Park  
South Parking Lot, next to Redlands Lawn Bowling Club  
Park Avenue @ University Street  
Redlands, CA 92374

**Group Leader:** Jerry Johnson, cell phone (909) 534-4925

**Walk Description:**

**Surroundings** – The Orange Blossom Trail in the east area of Redlands has been constructed on the site of a former Santa Fe railroad spur. This trail is situated in a wide, undeveloped corridor between various housing developments, and has virtually no tree cover. However, this should allow for some fine views of the high mountains which surround this area to the north and east, and the Redlands Hills to the south. The walk will begin and end in scenic Sylvan Park, which is nicely landscaped and includes a stone-lined creek bed.

**Terrain** – The trail itself is a paved path, including some fine new paver stones. This walk will also utilize sidewalks and undeveloped road margins through a suburban residential area.

**Difficulty** – Easy (rated “1B”, flat with some uneven ground).

**Length** – About 2 miles round-trip (time: approx. 1.5 hours).

**Expected Temperatures** – Mid- 70’s, sunny, dry weather.

**Accessibility** – Wheelchairs and strollers would encounter some challenges.

**Dogs** – Welcome to come; must be on LEASH at ALL TIMES (NO exceptions), and owner must clean up after pet.

**Public Amenities** – Restrooms available at Sylvan Park.

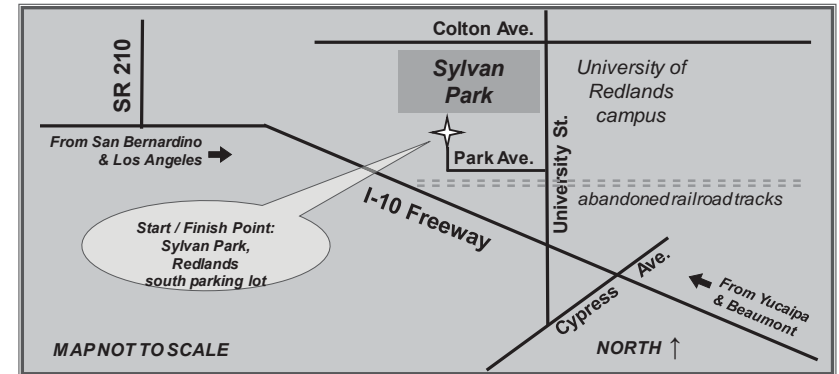
**Driving Directions:** See the reverse side of this flyer.

**Be Sure To Bring ...**

- Hat or cap
- Drinking water
- Good walking shoes
- Walking stick
- Light jacket or windbreaker, and umbrella (just in case)
- Any snacks/food you may wish to carry (none will be provided)

**Blessings and good health to you and your family!**

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Redlands, California  
Eastside / Orange Blossom Trail  
November 11, 2017**



**Freeway Driving Instructions to Start/Finish Point:**

• **Interstate 10 EAST from San Bernardino / Los Angeles:**

1. After arriving in Redlands, exit at University Avenue.
2. Turn Left (north) on University Street.
3. Immediately after crossing over the (abandoned) railroad tracks, turn Left (west) on Park Avenue, an unmarked street that passes between the railroad tracks and the Redlands Lawn Bowling Club.
4. Turn Right (north) into the south parking lot for Sylvan Park.

• **Interstate 10 WEST from Yucaipa / Beaumont / Palm Springs:**

1. After arriving in Redlands, exit at Cypress Avenue.
2. Turn Left (west) on Cypress Avenue.
3. Turn Right (north) on University Street.
4. Immediately after crossing over the (abandoned) railroad tracks, turn Left (west) on Park Avenue, an unmarked street that passes between the railroad tracks and the Redlands Lawn Bowling Club.
5. Turn Right (north) into the south parking lot for Sylvan Park.