

Healthy Resolutions Group Walk Colton Seventh-day Adventist Church Big Morongo Canyon Preserve



Date & Time: **Saturday afternoon, October 29, 2016
4:00 PM (please arrive a little early)**

Starting Point: **Big Morongo Canyon Preserve – Main Parking Lot
11055 East Drive
Morongo Valley, CA**

Group Leader: **Jerry Johnson, cell phone (909) 534-4925**

Walk Description:

Surroundings – Diverse desert nature preserve in a canyon of the Little San Bernardino Mountains. Located on the edge of a rural neighborhood, the preserve is managed by the Bureau of Land Management, and has a system of developed trails visiting the different plant habitat areas within the preserve. Some of the trails are under tree cover, some are in the open air. Great mountain views all around.

Terrain – There is a designated trail system within the preserve, with no “trailblazing” allowed. The trails tend to slope downhill from the starting point. Some of the trails are maintained dirt paths, some are boardwalks over marshy areas.

Difficulty – Moderately easy (rated “2A”).

Length – About 1.5 miles round-trip (time: approx. 1.5 hours, easy stroll with lots of stops to enjoy the nature exhibits).

Expected Temperatures – Upper 60’s to low 70’s, mostly sunny, some clouds.

Accessibility – Most of the terrain is too difficult for wheelchairs or strollers.

Pets – Sorry, not allowed in the preserve.

Public Amenities and Fees – Public restrooms at starting point. No entrance or parking fee at the Preserve, but donations are accepted. The Preserve is open until sunset.

Driving Directions: (from Colton) Take I-10 east, about 45 miles going past Beaumont and Banning, to SR-62; take the right lane to exit from I-10 and merge onto SR-62 (toward Morongo Valley and Joshua Tree Nat’l Park). Go north (eventually north-west) on SR-62 for about 10 miles, including passage through a narrow canyon. In the small town of Morongo Valley, turn right (east) on East Drive. After one block, turn left into the Preserve. Find the main parking lot and look for the church group.

Be Sure To Bring ...

- Hat or cap
- Drinking water
- Good walking shoes
- Walking stick
- Light jacket or windbreaker, and umbrella (just in case)
- Any snacks/food you may wish to carry (none will be provided)

Blessings and good health to you and your family!

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