

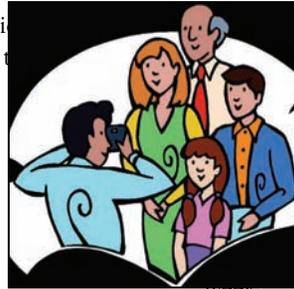
Colton SDA Newsletter

November 2010

Photo Directory

The photo shoots for the photo directory have begun. Be sure to get your family together and come to the Junior Sabbath School Room following Church. Before your picture is taken your family will be requested to fill out a data sheet. Each family will take three pictures, and then will be

allowed to pick their favorite for the directory. Photo shoots will continue until December 18, excluding Thanksgiving week-end. Remember the success of the directory depends on each member's participation. If you have any questions see Rob or Kristi Cruise.



“Remember the success of the directory depends on each member’s participation.”

Happy Anniversary Bud! From: Helen

To My Dear and Loving Husband

If ever two were one, then surely we.

If ever man were lov'd by wife, then thee.

If ever wife was happy in a man,

Compare with me, ye women, if you can.

I prize thy love more than whole mines of gold

Or all the riches that the East doth hold.

My love is such that rivers cannot quench,

Nor ought but love from thee give recompense.

Thy love is such I can no way repay.

The heavens reward thee manifold, I pray.

Then while we live, in love let's so persevere

That when we live no more, we may live ever.

Anne Bradstreet, 1612-72



Mark Your Calendars

Nov 20 (Sat) 1:00 PM - Thanksgiving Potluck Dinner

Nov 20 (Fri) 2:30 PM - Christmas Cantata practice

Nov 21 (Sun) 8:00 AM - Work Bee

Nov 21 (Sun) 11:00 AM - Church Board Meeting

Dec 4 (Sat) 6:00 PM - Christmas Concert: Riverside Concert Band

Dec 8 (Wed) 8:00 PM - Board of Elders meeting

Dec 18 (Sat) 11:00 AM - Christmas Cantata

Dec 18 (Sat) 6:00 PM - Christmas Party

Inside this issue:

Men's Ministries 2

Thanksgiving Brunch 2

Pastor's Perspective 3

Parenting Seminar 4

Potluck Recipe 4

Music Ministries 4

Fun And Inspiration 5

Thanksgiving In The Little Things 6

Verse of the Month

A man can do nothing better than to eat and drink and find satisfaction in his work. This too, I see, is from the hand of God,...

Ecclesiastes 2:24

Men's Ministry Cleans Rancho Avenue

Six representatives from our church's Men's Ministry teamed up on Sunday morning, October 24, to help beautify the City of Colton. The participants were: Art Bell, Nestor Domingo, Jerry Johnson, Carlos Lemos, Oliod Moura, and Oliver Moura. This crew worked down Rancho Avenue, from Mill Street south to Olive, picking up litter along the side of the road.

Jerry Johnson



Annual Thanksgiving Brunch

Each year, Men's Ministry hosts a brunch for the men of our church, right before Thanksgiving. This year, Women's Ministry also joined in this event. Twenty-two people gathered at the Big Apple Family Restaurant in Fontana, in a private meeting area, and enjoyed the bounties of a varied breakfast buffet island, as well as their choice of beverage. At the conclusion of the

meal, the leaders of Men's Ministry and Women's Ministry provided some up-

dates on each group's respective activities in the prior year, as well as plans for future activities and outreach initiatives. Then the floor was opened for personal testimonies, and a number of the attendees, in turn, expressed their thankfulness to the Lord, and to their brothers and sisters in the Colton church, for helping them through challenges and difficulties that they had experienced in their lives.

Jerry Johnson



Pastor's Perspective

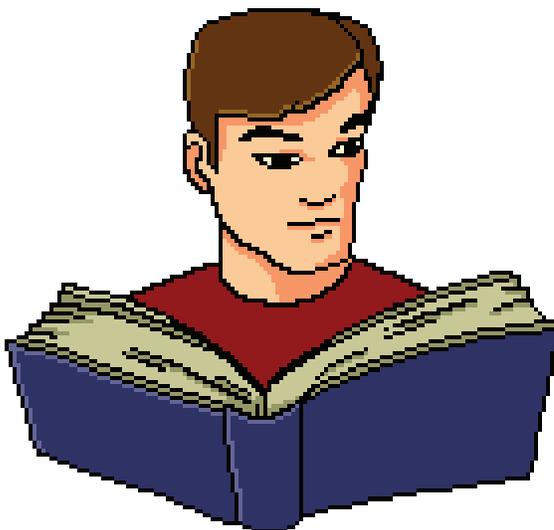
Experiencing Peace by being alone with God

Peace is the state of being physically, mentally, emotionally and spiritually calm. It is a relaxing stage of being restfully at peace with yourself and God.



Perhaps, being freed from mental and emotional distractions as the result of being surrounded by the hostile and stressful pressure of daily activities is to set apart a secret moment to be alone with God.

Can you imagine how it feels like to experience such peace and freedom for one hour, a day, a week, or even a month just to be alone with your spouse and children on an Island somewhere? It would be like awaking up in the morning of the next day and the first thing you know is that you have arrived at a remote Island somewhere in the Pacific or perhaps in the Bahamas. You with your spouse and children walking along the sandy beach kicking sand and watching them spray clouds of sand over the water. You feel the grains of sand running between your toes leaving behind foot prints as evi-



dence that you have arrived. What an awesome sight of peace to be experienced and to be contemplated.

Peace is a gift from God. It can be experienced and discovered through Spiritual Fitness discipline. Before you go running in the morning or getting ready to go to work, you need to set apart a secret moment for spiritual devotion and prayer. Some people do their devotion and reflection through reading a spiritual book, writing and

keeping a journal, joining a study group to learn about life with spiritual applications, playing a musical instrument, attending worship service, or volunteering for community services by preparing food baskets to give away at the Thanksgiving holiday. Spiritual

Fitness discipline is doing one or more fun activities such as the few mention above in order to experience the joy and satisfaction of being connected with God and with other people.

The counsel from *The Gospel Worker*, page 100, presents a practical challenge for a spiritual

formation that would result in experiencing peace in the soul. "In the great conflict before us, he who would keep true to Christ must penetrate deeper than the opinions and doctrines of men. My message to ministers, young and old, is this: Guard jealously your hours for prayer, Bible study, and self-examination. Set aside a portion of each day for a study of the Scriptures and communion with God. Thus you will obtain spiritual strength, and will grow in favor with God. He alone can give you noble aspirations; He alone can fashion the character after the divine similitude. Draw near to Him in earnest prayer, and He will fill your



hearts with high and holy purposes, and with deep, earnest longings for purity and clearness of thought."

People spend a lot of money to go on vacations to exotic places around the world to find peaceful experiences. However money and convenience cannot buy peace, for it is a state of being in harmony with your own self, with others and with God. It is an experience of discovering peace and joy through setting aside a portion of each day for the study of the Scriptures and communion with God. Thus you will obtain spiritual strength, and will grow in favor with God.

Pastor Mataafa

Parenting Seminar



Nestor and Mary Lou worked as a true team, taking turns presenting and assisting.

On Sabbath, November 6th and 13th, Nestor and Mary Lou Domingo organized and presented a terrific seminar with the help of their Family Ministries team consisting of Carlos and Mary Lemos, Eunite and Pastor Mataafa. The refreshment crew of Laura Bauchert, Shirley Purucker, Ellie Moura, Diana Moura, and Young Hong did a fabulous job. Also Netayna Domingo and Noe Rangel took care of the children while their parents were educated. Thank-you to all who helped on these two Sabbath afternoons.

Information was given regarding the

differences of male and female communication and mindset as it applies to our children. Personality traits were described and each parent was encouraged to determine not only their own personality type but also those of their spouse and, of course, of each child. I found this very interesting and spent the following week trying to determine JayJay's and Gigi's personality type.

By praying for our children, we protect them from the powers of Satan and grant them the protection of all heaven.

What about you? Are you Sanguine, Choleric, Melancholy or Phlegmatic?

Next we learned about different learning styles: Visual, Auditory and Kinesthetic and how these styles are also connected to best methods for making your child feel loved.

Reasons for disobedience, types of parenting styles, and ways for effective discipline were introduced in the second session.

Although every child is different, there is one thing we can do for every child: pray. Pastor Mataafa reminded us that it is our duty to pray for our children. By praying for our children, we protect them from the powers of Satan and grant them the protection of all heaven.

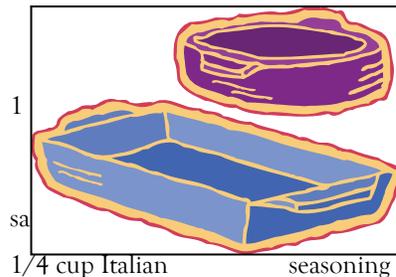
I left the seminar feeling that I obtained information to help with my parenting journey and the assurance that the strength for the journey comes from only one source - Jesus Christ.

Kristi Cruise

Potluck Recipe

Yummy Pasta Wheels with Pine Nuts

- 3 cups wheel pasta
- 1 juice of lime, squeezed
- 1.5 oz. pine nuts
- 1/2 cup onion chopped
- 1 clove garlic diced
- 1/2 cup olive oil
- 1 zucchini chopped



4 oz. feta cheese

Prepare pasta as directed by package.

Put onion, garlic, zucchini, olive oil, salt, and Italian seasoning in deep frying pan and sauté until tender, approximately 7 minutes. Add lime juice, pine nuts and feta cheese. Mix with pasta.

Rob Cruise

Music Ministry

Music is medication for the soul, as you saw the story of Jesus dying on the cross during the Easter Program. And soon the story of Jesus's birth through our Christmas program that will be presented in December.

Also many of the hymnal selections and

"Music is medication for the soul."

the praise songs that we select be an inspiration to make your relationship with God stronger or to come back to

God. It is an honor to be part of a very talented group of people – Sandra Kebbas, Jerry Johnson, Nestor Domingo, Natanya Domingo, Carlos Lemos, Chuck McConnell, Donnie Cristales, Diana Moura- we are proud to serve you.

Fun And Inspiration

“Don’t say you don’t have enough time. You have exactly the same number of hours per day that were given to Helen Keller, Louis Pasteur, Michelangelo, Mother Teresa, Leonardo da Vinci, Thomas Jefferson and Albert Einstein.”

-H. Jackson Brown, Jr., author of *Life’s Little Instruction Book**

We are also given the same amount of hours in the day as Jesus was given, when He was on earth, and He changed the world!

“God is the great physician. His specialty is heart transplants.”

-seen on a church sign in Eden, Georgia?*

“When there is nothing left but God, that is when you see that God is all you need.”

-submitted by a Guideposts reader Nadine Mooney of Palm Coast, Florida*

*Found in *Guideposts Magazine*

“I asked Jesus,
How much do
You love me?”
“This much,” He
Answered, and
He stretched
Out His arms –
and died.

Contributed by Helen Kovarick

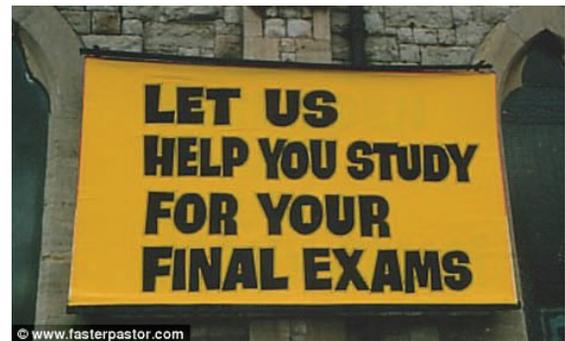
just for fun

Yes, to err is human, to forgive divine and even healthy.

The stamps pictured here all featured errors, some glaring and some more subtle. Some were corrected and reissued while others were not. Can you figure out what's the problem with the postage?

1. Commercial jets didn't exist in 1949 but...this plane has no propellers!
2. Locomotive's smoke is blowing to the right and...the flag is blowing to the left!
3. There are seven horses and...only four legs! (Not to mention the pennant which is blowing forward!)
4. Columbus died long before the telescope was invented!

Found in *Reader Magazine* Aug/Sept/Oct 2010 and contributed by Helen Kovarick.



We are tested everyday, but ultimately we are preparing for the end times. This will be our final exam! Prayer Meeting and Sabbath School are excellent places to prepare for this most important test. Are you preparing?



Pastor Mataafa, in the parenting seminar, encouraged us to pray for one hour and see if we can sleep then.

Church sign photos contributed by Teresa Padilla

Colton SDA Church

Mailing Address
880 W. Laurel Street
Colton, CA 92324

Street Address
1291 Rancho Avenue
Colton, CA 92324

Phone: 909-825-9344

Place
Stamp
Here

Increasing member
communication

We're On the Web!
colton.adventistfaith.org

This newsletter was sent to you by a member of the Colton SDA Church.

Church Mission Statement

To provide a grace-filled environment where a diversity of worshipers may experience the healing love of Jesus through the ministry of the Word, the community of prayer, the fellowship of God's family, and the opportunity to serve.

Contribution Instructions

The mission of this newsletter is to provide communication and inspiration for our church members. If you would like to contribute, please contact Kristi Cruise at jrkljccruise@sbcglobal.net or home phone (909) 872-0394. The next Newsletter will be published December 18. Please turn in your articles or photos by Thursday, December 16 before 5:00 pm.

Thanksgiving In The Little Things

This week JayJay and Gigi were watching a favorite T.V. show when suddenly the volume for the show stopped working. As I was explaining that we might not be able to watch the show, because I wasn't sure I could fix it, JayJay pipes up with "God can fix it." My joy that he would think of God as a help in a time of trouble was overshadowed by my fear that God might not help in the way we wanted with this problem. Never the less, I helped JayJay say a prayer for the signal to be fixed. Then I trudged outside to move the antennae, when I came back in, it was still not working. The whole time I was pushing buttons, I was praying a panicked prayer, something like, "Okay God, JayJay believes You can do this. Don't fail to answer in the way he expects or how will he ever believe in You if You don't!" Much to my delight and utter relief the show miraculously began working without another glitch.

Matthew 18:3,4 states "And he said: 'I tell you the truth, unless you change and become like little children, you will never enter the kingdom of heaven. Therefore, whoever humbles himself like this child is the greatest in the kingdom of heaven.'" I was truly humbled that my faith was so small. God has innumerable ways of drawing His children to Him and this time he used a T.V. sound malfunction to strengthen both my faith and my son's.

"Are not two sparrows sold for a penny? Yet not one of them will fall to the ground apart from the will of your Father. And even the very hairs of your head are all numbered. So don't be afraid; you are worth more than many sparrows." Matthew 10:29-31 This Thanksgiving remember that God is concerned about all areas of your life and give Him thanks for even the smallest blessings in your life.

Happy Thanksgiving,

Kristi Cruise