



**Healthy Resolutions Group Walk  
Colton Seventh-day Adventist Church  
North Etiwanda Preserve**

**Date & Time:** Saturday afternoon, March 5, 2016  
3:30 PM *(please arrive a little early)*

**Starting Point:** North Etiwanda Preserve – Pedestrian Entrance Gate  
*(top of parking lot beyond end of Etiwanda Ave.)*  
4890 Etiwanda Avenue  
Rancho Cucamonga, CA 91739

**Group Leader:** Jerry Johnson, *cell phone (909) 534-4925*

**Walk Description:**

***Surroundings*** – Wide-open nature preserve between Rancho Cucamonga bedroom communities and the San Gabriel mountains. Virtually treeless, alluvial fan terrain, shrubs and other short vegetation stretching for miles. Great views of the Inland Valleys on a clear day. The Preserve is a special district of San Bernardino County. (No fee to park your car or to enter the preserve.)

***Terrain*** – There is a designated trail system within the preserve, with no “trailblazing” allowed. Trails are very rough 4x4 driving roads, dirt/gravel/rock, virtually no pavement.

***Difficulty*** – Moderate, because of rough trails and elevation gain (rated “3A”).

***Length*** – About 3.25 miles round-trip (time: approx. 2 hours, including breaks).

***Expected Temperatures*** – Upper 70’s to low 80’s, mostly sunny, some winds

***Accessibility*** – The terrain is too difficult for wheelchairs or strollers.

***Pets*** – Sorry, not allowed in the preserve.

***Public Amenities*** – Public restrooms at starting point, and at a mid-way rest stop.

***Driving Directions:*** (from Colton) Take I-10 east to I-215; go North on I-215 through San Bernardino; turn West on SR-210 toward Rialto and Pasadena; after passing through Rialto and Fontana, exit and turn right at Day Creek Blvd; proceed on Day Creek Blvd. 2.2 miles until you reach Etiwanda Ave. (Day Creek Blvd ends at Etiwanda Ave.); take Etiwanda Ave. north approximately .3 miles until the pavement ends; continue on dirt road approximately 600 feet to the designated gravel parking area.

**Be Sure To Bring ...**

- Hat or cap
- Drinking water
- Good walking shoes
- Walking stick
- Light jacket or windbreaker, and umbrella (just in case)
- Any snacks/food you may wish to carry (none will be provided)

***Blessings and good health to you and your family!***



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